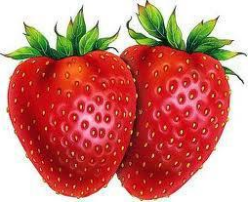

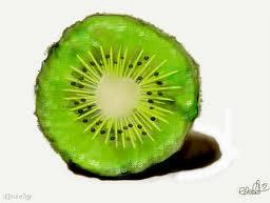






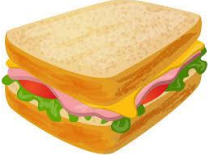







WEEK 1 MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Morning tea	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 
Lunch	Mixed sandwiches  Yoghurt 	Pumpkin, bacon and vegetable pasta 	Mixed sandwiches  Yoghurt 	Sweet potatoes and chicken curry with rice 	Mixed sandwiches  Yoghurt 
Afternoon tea	Fruit toast 	Cruskits with assorted spreads 	Savoury pizza scrolls 	Fresh vegetable platter and dip 	Banana bread 

WEEK 2 MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Morning tea	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 
Lunch	Honey soy chicken and vegetables with noodles 	Mixed sandwiches  Yoghurt 	Macaroni and cheese with peas 	Mixed sandwiches  Yoghurt 	Beef and Salad Tacos 
Afternoon tea	Cruskits with assorted spreads 	Vegetable and cheese scrolls 	Dips and crackers 	Iron rich muffins 	Fresh vegetable platter, crackers & cheese 

WEEK 3 MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Morning tea	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 
Lunch	Mixed sandwiches  Yoghurt 	Meat loaf and vegetables 	Mixed sandwiches  Yoghurt 	Lentil and vegetable pasta 	Mixed sandwiches  Yoghurt 
Afternoon tea	Sultana apple fruit loaf 	Cruskits with assorted spreads 	Chocolate and pear fruit loaf 	Fruit salad & Custard 	Fresh vegetable platter, crackers & cheese 

WEEK 4 MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Morning tea	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 	Fresh fruit platter 
Lunch	Beef stroganoff 	Mixed sandwiches  Yoghurt 	Chicken parmigiana 	Mixed sandwiches  Yoghurt 	Tuna & vegetable pasta 
Afternoon tea	Fruit salad & Custard 	Fruit toast 	Cruskits with assorted spreads 	Vegetable & cheese scrolls 	Fresh vegetable platter, crackers & cheese 

\*Milk or water is served with each meal & water is freely available throughout the whole day both inside & outside.\*  
 \*\*Babies, children with allergies & /or dietary requirements will be provided with menu alternatives where possible.\*\*  
 \*\*\*Menu changes will be advised via each room's daily chart.\*\*\*